

Educator's Expedition 2024

Personal Equipment Checklist

Get at HMI	Got it!	Need	Item:	Notes:
Storage				
		1	*Backpack (Internal frame, 6-7000 cubic inches, min. 5000ci)	
		2	Heavy duty large trash bags (trash comp. type)	
		1	Small stuff sack	
			Medium stuff sack	1 suggested to help organize
			Ziploc bags (to protect cameras, books & toiletries)	
		1	"Possibles" bag (small backpack)	
Sleeping				
		1	Sleeping bag (0 degree synthetic)	
		1	Foam Pad (or Thermarest type air mattress)	HMI does not rent or sell Thermarests
		1	Camp Chair	Crazy Creek, etc.
Feet				
		3	3-5 Pairs of wool/synthetic socks	3-5 changes recommended
			Gaitors	Optional
		1	Hiking boots	
		1	Camp shoes	
Lower Body Layers				
		1	Long underwear bottoms	
		1	Puffy Pants	Optional
		1	Shorts	
		1	Rain pants	
		1	Hiking Pants	
Upper Body Layers				
		1	T-shirt (synthetic preferred)	
		1	Long underwear top	
		1	Micro puffy or fleece top	
		1	Puffy jacket	
		1	Rain jacket	
Head				
			Neck gaiter or scarf	Optional
		1	Warm hat	
		1	Baseball hat (or Visor)	
		1	Sunglasses	
			Retainer strap for sunglasses	Optional
Hands				
		1	Light-weight gloves OR Mid-weight gloves	

Miscellaneous			
	2	1 L Nalgene	
	1	1/2 L Nalgene OR Mug for hot drinks/coffee	
	1	Bowl (plastic)	
	1	Spoon (plastic)	
	1	Headlamp	
	1	Extra AAA battery sets for headlamp	
		Multi Tool	Optional
		Trekking Poles	Optional
	1	Watch w/ Alarm	
	1	Lip Balm (spf 15 or greater)	
	1	Sunscreen (spf 15 or greater)	
	1	Lighters (1 -2)	
	1	Bandanas (1 - 2)	
	3	Underwear (3 changes recommended)	HMI does not sell underwear
	1	Toiletries (travel size toothbrush, floss, skin lotion, tampons & comb or hair brush)	
	1	Notebook/ Classwork/ Pen/ Pencil	
	1	bug spray	
	1	Hand sanitizer	
Optional personal items			
		Camera	
		Case for sunglasses	
		Contacts w/ extra solution	